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# upcoming at UD

COVERAGE TIPS FOR PRINT AND BROADCAST MEDIA

December 30, 1988

## WEIGH OUT AT UD ON JAN. 5 WILL REVEAL MODERATE HOLIDAY EATING RESULTS

About 15 members of the University of Dayton faculty and staff will step on the scales on Thursday, Jan. 5 to find out if their efforts to eat moderately during the holidays were successful.

"The average American gains six to eight pounds during the holidays," said Lloyd Laubach, director of the UD Wellness Program which sponsored the "Holiday Humbug Challenge" for the first time this year. "The challenge was designed to prevent that weight gain. Participants in the program will be successful if they gained less than two pounds during the 1988 holiday season." An award will be presented to each successful participant.

Participants began the challenge on Nov. 22 when they weighed in. The weigh out will take place between 8 a.m. and noon on Jan. 5 in the UD Fieldhouse. For further information, contact Lloyd Laubach at 229-4205.

## YOUNG SCHOLARS WILL STUDY COMPUTERS AT UD ON JAN. 7 AND 14

Between 35 and 40 students from the Dayton Public School System will be attending two class sessions on computer science at the University of Dayton on Saturday, Jan. 7 and 14 from 10 to 11:30 a.m.

Students will be learning about computer science through lectures, simulations and hands-on interactions with computer terminals. The instructor will be Jack Kester, chairman and associate professor of computer science at UD. A 45-minute lecture session will be held in Room 213 of Miriam Hall, followed by a brief tour of the computer science facility. Students will begin the hands-on session at about 11 a.m. in Room 131 of the William S. Anderson Information Sciences Center.

Designed for fifth, sixth, seventh and eighth graders, the program brings public school students to campus for academic enrichment classes taught by UD instructors. Throughout the school year, the classes cover such topics as creative writing, radio and television communications, courtroom law and drama.

The Young Scholars Program is sponsored by UD's Office of Minority Student Affairs and the Dayton Public School System. For further information, call Debra Moore at 229-3634.



*The University of Dayton*